

Contents

Unit	Grammar	Vocabulary	Real life (functions)	Pronunciation
1 Lifestyle pages 9–20	present simple adverbs and expressions of frequency present simple and present continuous	everyday routines wordbuilding: collocations with <i>do</i> , <i>play</i> and <i>go</i> word focus: <i>feel</i> medical problems	talking about illness	/s/, /z/ or /ɪz/ one or two syllables?
VIDEO: My local park page 18 ► REVIEW page 20				
2 Competitions pages 21–32	verbs for rules -ing form	sport wordbuilding: suffixes word focus: <i>like</i>	talking about interests	/ŋ/ silent letters
VIDEO: Mongolian horse racing page 30 ► REVIEW page 32				
3 Transport pages 33–44	comparatives and superlatives as ... as comparative modifiers	ways of travelling transport nouns wordbuilding: compound nouns transport adjectives transport verbs taking transport	going on a journey	<i>than</i> sentence stress intonation
VIDEO: Indian Railways page 42 ► REVIEW page 44				
4 Challenges pages 45–56	past simple past continuous and past simple	risks and challenges personal qualities wordbuilding: verbs and nouns	telling a story	/d/, /t/ or /ɪd/ <i>was/were</i> intonation for responding
VIDEO: A microadventure page 54 ► REVIEW page 56				
5 The environment pages 57–68	quantifiers articles: <i>a/an</i> , <i>the</i> or no article	materials recycling results and figures word focus: <i>take</i>	phoning about an order	/ðə/ or /ðiː/ sounding friendly
VIDEO: Recycling Cairo page 66 ► REVIEW page 68				
6 Stages in life pages 69–80	to + infinitive future forms: <i>going to</i> , <i>will</i> and present continuous	life events describing age celebrations word focus: <i>get</i> wordbuilding: synonyms	inviting, accepting and declining	/tə/ contracted forms emphasizing words
VIDEO: Steel drums page 78 ► REVIEW page 80				

Listening	Reading	Critical thinking	Speaking	Writing
someone talking about a national park near a city a radio interview about long life	a quiz about how well you sleep an article about centenarians an article about how nature is good for you	giving examples	finding out about lifestyle your current life making a town healthier	text type: filling in a form writing skill: information on forms
someone describing an Ironman competition three people talking about competitive sports	an article about crazy competitions an article about female wrestlers in Bolivia	reading between the lines	explaining the rules of a competition talking about your sport preferences your opinions about Olympic sports	text type: an advert or notice writing skill: checking your writing
someone describing a photo of a woman travelling by train in India two people discussing the pros and cons of types of transport a documentary about animal transport	an article about solutions to transport problems an article about the fate of the rickshaw in Kolkata	opinions for and against	talking about and comparing journeys advice on transport a presentation about a pedicab company	text type: notes and messages writing skill: writing in note form
a caver talking about his hobby an impossible decision	an article about adventurers an article about different types of challenges	looking for evidence	asking about your past events you remember telling a story	text type: a short story writing skill: structure your writing
extract from a documentary about a house of recycled materials news about environmental projects	an article about e-rubbish an article about a boat made of plastic bottles, the <i>Plastiki</i> an online order	close reading	recycling where you are general knowledge quiz changing attitudes and behaviour	a quiz text type: emails writing skill: formal words
differences between the generations a news item about Mardi Gras	an article about how a couple changed their life an article about how Mardi Gras is celebrated around the world an article about coming-of-age ceremonies	analysing the writer's view	plan the trip of a lifetime your favourite festival planning a celebration describing annual events	text type: a description writing skill: descriptive adjectives

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7 Work pages 81–92	present perfect and past simple present perfect with <i>for</i> and <i>since</i> prepositions of place and movement	language to describe jobs jobs wordbuilding: suffixes parts of a building word focus: <i>make</i> or <i>do</i> job adverts	a job interview	intrusive /w/
VIDEO: My working life page 90 ► REVIEW page 92				
8 Technology pages 93–104	zero and first conditional defining relative clauses	internet verbs wordbuilding: dependent prepositions instructions	finding out how something works	linking
VIDEO: Ancient languages, modern technology page 102 ► REVIEW page 104				
9 Holidays pages 105–116	past perfect simple subject questions	holiday collocations wordbuilding: <i>-ed</i> / <i>-ing</i> adjectives word focus: <i>place</i>	requesting and suggesting	'd number of syllables /dʒə/
VIDEO: Living in Venice page 114 ► REVIEW page 116				
10 Products pages 117–128	the passive (present and past simple) <i>used to</i>	wordbuilding: word forms describing design websites	giving your opinion	stress in different word forms /s/ or /z/
Video: Wind turbines page 126 ► REVIEW page 128				
11 History pages 129–140	reported speech reporting verbs (<i>say</i> and <i>tell</i>)	wordbuilding: verb + preposition communication ancient history word focus: <i>one</i>	giving a short presentation	pausing
VIDEO: The Golden Record page 138 ► REVIEW page 140				
12 Nature pages 141–152	second conditional <i>anywhere, everyone, nobody, something, etc.</i>	extreme weather nature word focus: <i>start</i>	finding a solution	<i>would</i> / <i>wouldn't</i> / 'd
VIDEO: Cambodia animal rescue page 150 ► REVIEW page 152				
COMMUNICATION ACTIVITIES page 153 ► GRAMMAR SUMMARY page 156 ► AUDIOSCRIPTS page 181				

Listening	Reading	Critical thinking	Speaking	Writing
a description of a job in a steel factory an interview with a scientist two people giving instructions	an article about new jobs in an area an article about modern-day cowboys	analysing comparisons in a text	describing past experiences giving directions job satisfaction a job interview	text type: a CV writing skill: missing out words in CVs
a documentary about the importance of technology a science programme about a new invention	an explorer's blog an article about biomimetics	the writer's sources	planning a trip important inventions design an invention for everyday life favourite technology	text type: a paragraph writing skills: connecting words
three people talk about their holidays an interview with a tour guide	a holiday story an article about the two sides of Paris	the author's purpose	a story about a holiday planning the holiday of a lifetime a place you know	text type: an email requesting information writing skill: formal expressions
a description of a producer and his products a programme about a product from the past	an article about some famous logos an article about having less 'stuff'	fact or opinion?	some famous products talk about things you used to do in the past using less stuff planning a new website	text type: a review writing skill: giving your opinion
a historian talking about Scott's hut at the Antarctic a message in a bottle	the history of video gaming an article about stealing history	emotion words	planning a time capsule opinions about games reporting a message a museum in your town	a message in a bottle text type: a biography writing skill: punctuation in direct speech
a description of a photo and the life of a storm chaser a documentary about a photographer	an article about a science blog an article about Jane Goodall	close reading	hopes and dreams questions with <i>any</i> interview questions	text type: an article writing skill: planning an article