



VOCABULARY 1

Match the sentence halves. Pay attention to the words in **bold**.

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| 1. I'm not able to juggle because I can't | a. to be familiar with the present moment. |
| 2. If you practice meditation , you learn | b. be a man, and make certain vows. |
| 3. I used to feel confused about everything, but | c. I'm inundated with projects right now. |
| 4. When you stop and witness your thoughts, | d. focus on more than one thing in the air! |
| 5. Sorry, I can't go to the party because | e. you are being mindful . |
| 6. If you want to become a monk , you have to | f. now I have clarity . |