

## GOALS

- Identify body parts
- Describe symptoms and illnesses
- Identify medications
- Describe healthy habits
- Identify actions in a waiting room

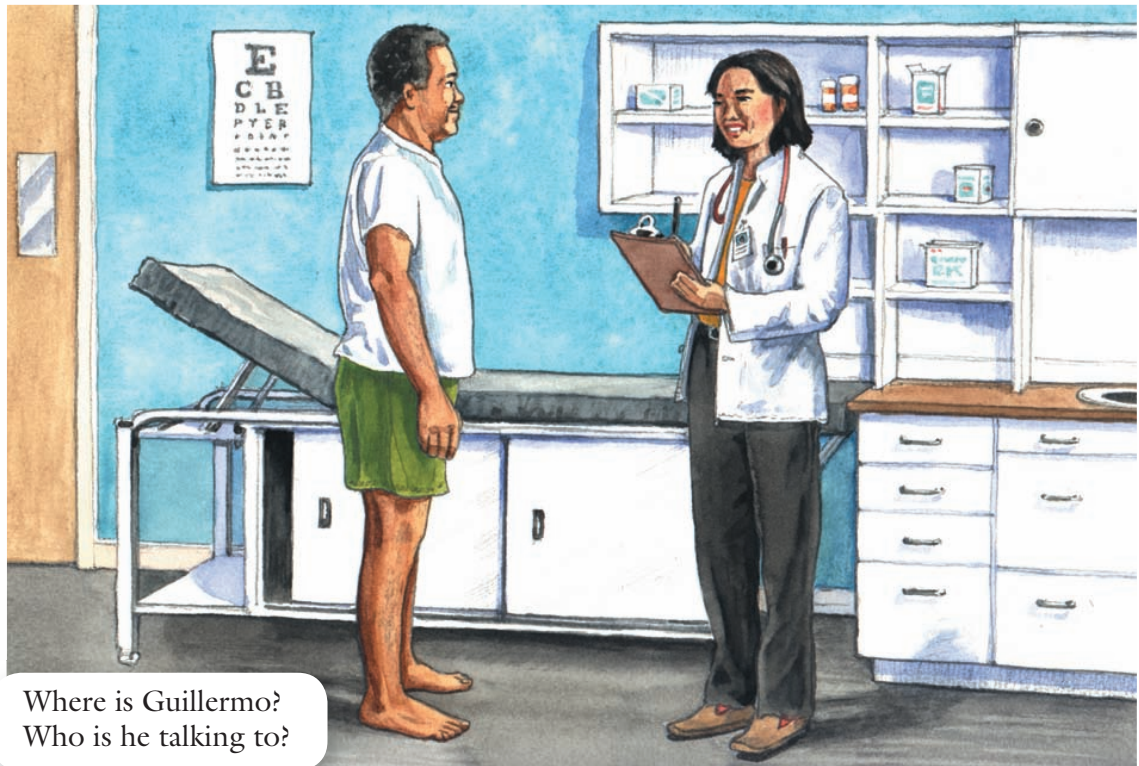
LESSON **1**

## I need a checkup.

GOAL ➤ Identify body parts



**A** Look at the picture.



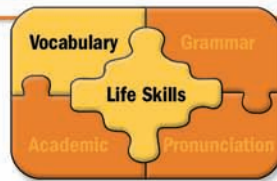
Where is Guillermo?  
Who is he talking to?

**B** Listen and write.

My name is Guillermo. \_\_\_\_\_ live in Chicago. I \_\_\_\_\_ 61 years old. I \_\_\_\_\_ the doctor once a year for a checkup. I'm very healthy.



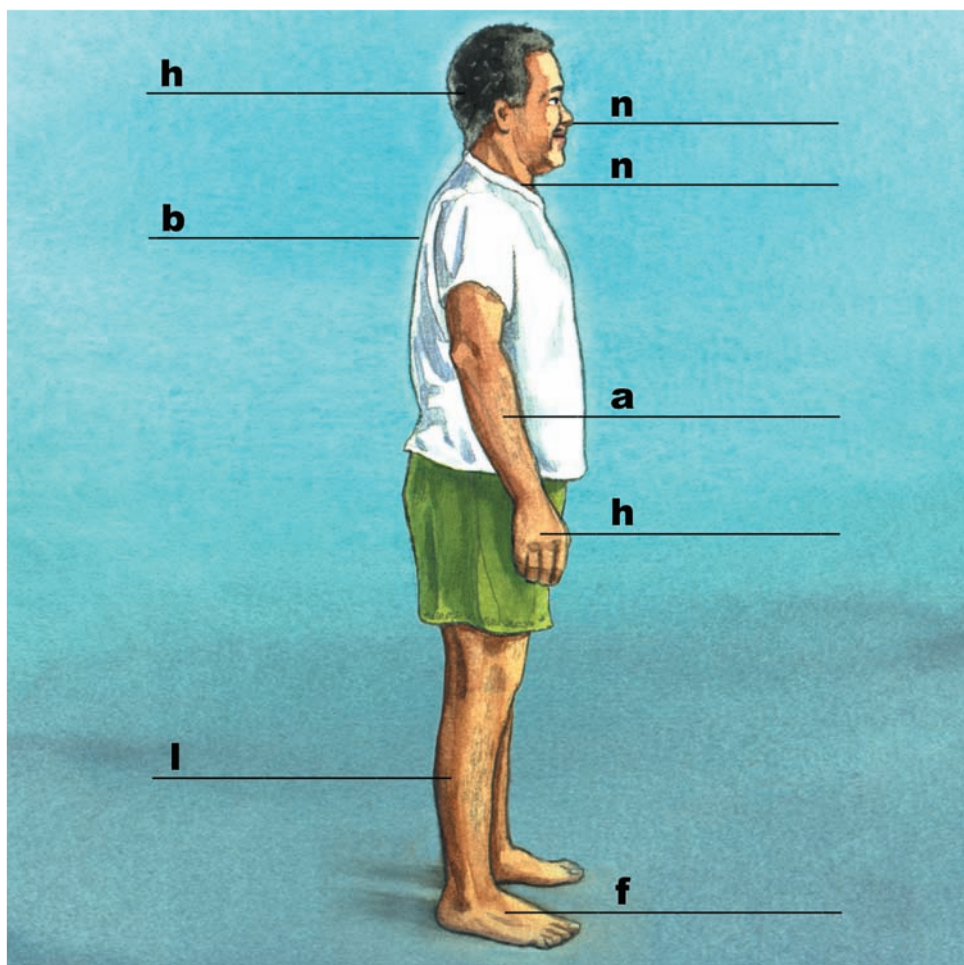
CD 2  
TR 16



**C** Read the new words.

head	back	hand	foot
neck	arm	leg	nose

**D** Write the new words in the picture.



**E** Talk to a partner.

*A:* Where's the nose?

*B:* It's here. (points to own nose)

**F** Read.

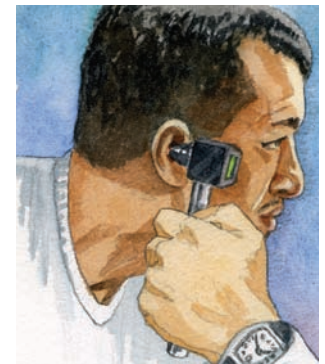
Imperatives		
	Subject	Verb
Please	you	read open let me (look) sit down stand up



Please read the chart.



Please open your mouth and say "Ah."



Let me look in your ear.



CD 2  
TR 17

**G** Listen and practice the conversation.

*Doctor:* Please sit down.

*Guillermo:* OK.

*Doctor:* Please open your mouth and say, "Ah."

*Guillermo:* Ah.

**H** Practice the conversation with a partner. Use new sentences.

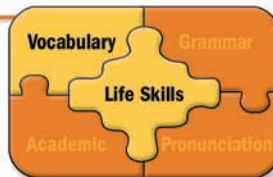
**I** What body parts are most important to you? Take a class poll.

1. \_\_\_\_\_

3. \_\_\_\_\_

2. \_\_\_\_\_

4. \_\_\_\_\_

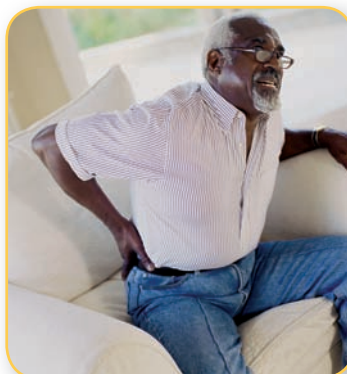


A

Listen and repeat.

CD 2  
TR 18

headache



backache



stomachache



cold and runny nose



cough and sore throat



fever



B

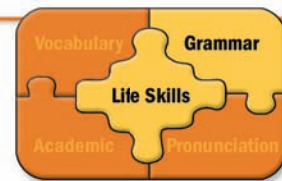
Listen and point.

CD 2  
TR 19-24

C

Read the conversation. Practice it with a partner. Use new words.

*Maritza:* How are you?*Shan:* I'm sick!*Maritza:* What's the matter?*Shan:* I have a headache.



**D** Read the charts.

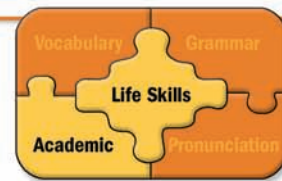
Simple Present (Regular)		
Subject	Verb	Example sentence
I, you, we, they	see visit	I <b>see</b> the doctor once a year. We <b>visit</b> the doctor once a year.
he, she, it	sees visits	He <b>sees</b> the doctor once a week. She <b>visits</b> the doctor once a week.

Simple Present (Irregular)		
Subject	Be	Example sentence
I	am	I <b>am</b> sick.
you, we, they	are	We <b>are</b> sick.
he, she, it	is	He <b>is</b> sick.

Simple Present (Irregular)		
Subject	Have	Example sentence
I, you, we, they	have	I <b>have</b> a headache.
he, she, it	has	She <b>has</b> a runny nose.

**E** Write.

- He has (have) a headache.
- She \_\_\_\_\_ (be) very sick.
- We \_\_\_\_\_ (see) the doctor.
- I \_\_\_\_\_ (be) sick.
- You \_\_\_\_\_ (have) a cold.
- Oscar \_\_\_\_\_ (have) a stomachache.
- Maritza \_\_\_\_\_ (visit) the doctor once a year.
- You \_\_\_\_\_ (be) sick.
- We \_\_\_\_\_ (be) tired.
- I \_\_\_\_\_ (like) my doctor.
- The student \_\_\_\_\_ (have) a fever.
- He \_\_\_\_\_ (be) a good doctor.



**F**

Listen and bubble in the correct answer.

CD 2  
TR 25-28

1. Maritza has
  - a cold.
  - a headache.
  - a fever.
2. Shan has
  - a backache.
  - a fever.
  - a cold.
3. John has
  - a runny nose.
  - a fever.
  - a headache.
4. Anakiya has
  - a fever.
  - a runny nose.
  - a backache.

**G**

How many times a year are you sick? Write.

Headache	Stomachache	Backache	Fever	Cold

**H**

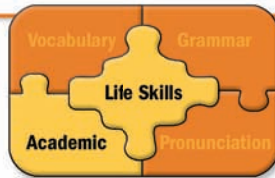
Talk to four classmates. Then, fill in the chart.

**A:** John, how often do you have a headache?

**B:** I have a headache four times a year.

<i>How often?</i>	
once	a year
two times	a month
three times	a week
four times	a day

Name	Headache	Stomachache	Backache	Fever	Cold



**A**

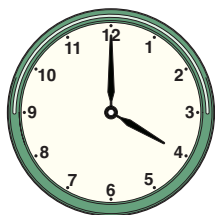
Read, listen, and write the missing words.

CD 2  
TR 29

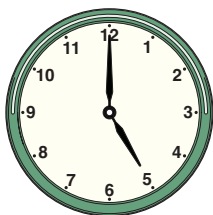
February 18			
Name	Time	Problem	Phone
Julio Rodriguez	3:30		(777) 555-1395
Huong Pham	4:00	fever	(777) 555-3311
Richard Price	4:30		(777) 555-2323
Mele Ikahihifo	5:00	sore throat and cough	(777) 555-5511
Fred Wharton	5:30		(777) 555-9764
Ayumi Tanaka	6:00	backache	(777) 555-8765

**B**

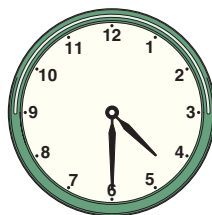
Write the problems.



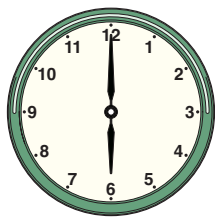
fever



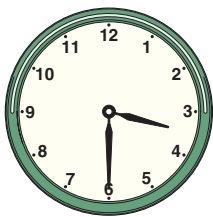
\_\_\_\_\_



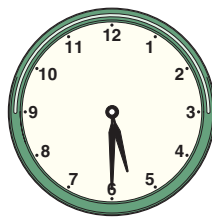
\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_

<i>Have</i>	
I, you, we, they	<i>have</i>
he, she	<i>has</i>

**C**

Write sentences.

- Julio has a headache. \_\_\_\_\_
- Richard has \_\_\_\_\_.
- Ayumi \_\_\_\_\_.

**D** Look at the medicine bottles.



**Caution:** Do not take more than four times a day.

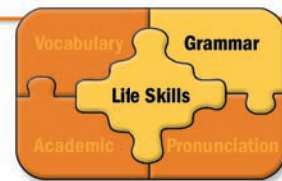
**E** Write other types of medicine you take.

\_\_\_\_\_

**F** In a group, write a medicine for each illness.

Illness	Medicine
headache	
fever	
stomachache	
sore throat and cough	
cold	





**G** Read.

Simple Present		
I, you, we, they	need	aspirin
he, she, it	needs	antacid

**H** Write sentences. Use *need*.

1. Julio has a headache. He needs aspirin.
2. Huong has a fever. He
3. Richard has a stomachache. He
4. Mele has a sore throat and cough. She
5. Fred has a cold. He
6. Ayumi and Sue have backaches. They
7. Tami and I have stomachaches. We
8. Shiuli and Sang have sore throats. They
9. You have a cold. You
10. You have a headache. You
11. We have sore throats. We
12. We have fevers. We

**I** What types of medicine do you have at home? Write.

\_\_\_\_\_

**J** **Active Task.** Go to a pharmacy. Look for more types of medicine. Make a list and share it with the class.

**GOAL** ➤ Describe healthy habits



**A**

Read and listen.

CD 2  
TR 30

## Health Tips

We are happy you are a patient of Dr. Ramsey. Our goal is to help you stay healthy. Follow these suggestions and you will be healthier.

DO's

**Sleep**  
Sleep 7-8 hours a day.

**Exercise**  
Walk, run, or exercise 30 minutes a day.

**Eat**  
Eat three good meals a day.

**See the doctor**  
See the doctor once a year for a checkup.






DON'Ts

**Don't smoke!**



For emergency appointments call 720-555-4311.

**B**

Practice with a partner.

*Dr. Ramsey:* How many hours do you sleep a day?

*Hasna:* I sleep five hours a day.

*Dr. Ramsey:* That is not healthy. You need to sleep seven to eight hours.



CD 2  
TR 31



Listen and read **Huong's** story. Why is **Huong** healthy?

I'm healthy. I exercise one hour every day. I eat breakfast, lunch, and dinner. I don't eat a lot of candy. I don't smoke. I sleep seven hours every night.



What does **Huong** do? Fill in the chart.

What does <b>Huong</b> do?	What doesn't <b>Huong</b> do?
exercise	



Read the charts.

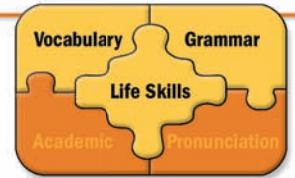
Simple Present		
Subject	Verb	Example sentence
I, you, we, they	eat	I <b>eat</b> three meals a day.
he, she, it	sleeps	She <b>sleeps</b> seven hours a night.

Negative Simple Present			
Subject	Verb		Example sentence
I, you, we, they	<b>don't</b>	eat	We <b>don't eat</b> three meals a day.
he, she, it	<b>doesn't</b>	sleeps	He <b>doesn't sleep</b> seven hours a day.



Write about **Huong**.

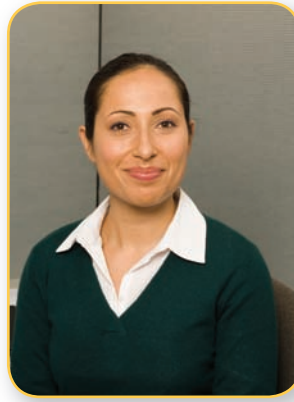
- Huong \_\_\_\_\_ **exercises** \_\_\_\_\_ (exercise) one hour every day.
- Huong \_\_\_\_\_ (sleep) seven hours every night.
- Huong \_\_\_\_\_ (eat) breakfast, lunch, and dinner.
- Huong \_\_\_\_\_ (smoke).
- Huong \_\_\_\_\_ (eat) a lot of candy.



**G** Read.



**Name:** Julia  
**Sleep:** 8 hours  
**Meals:** breakfast,  
                   lunch, dinner  
**Exercise:** 30 minutes  
                   a day  
**Checkup:** 1 time a year  
**Smoke:** no



**Name:** Hasna  
**Sleep:** 5 hours  
**Meals:** lunch, dinner  
**Exercise:** 0 minutes  
                   a day  
**Checkup:** 1 time a year  
**Smoke:** no



**Name:** Dalmar  
**Sleep:** 8 hours  
**Meals:** breakfast,  
                   lunch, dinner  
**Exercise:** 20 minutes  
                   a day  
**Checkup:** 0 times a year  
**Smoke:** yes

**H** Write.

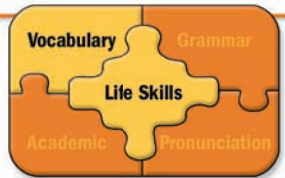
1. Julia and Hasna don't smoke (smoke).
2. Hasna \_\_\_\_\_ (eat) breakfast.
3. Dalmar and Julia \_\_\_\_\_ (sleep) eight hours every day.
4. Hasna \_\_\_\_\_ (exercise).
5. Julia and Hasna \_\_\_\_\_ (see) the doctor for a checkup.
6. Dalmar \_\_\_\_\_ (see) the doctor for a checkup.

**I** Write.

**Your name:** \_\_\_\_\_ **Exercise:** \_\_\_\_\_  
**Sleep:** \_\_\_\_\_ **Checkup:** \_\_\_\_\_  
**Meals:** \_\_\_\_\_ **Smoke:** \_\_\_\_\_

## I have an appointment.

GOAL ➤ Identify actions in a waiting room



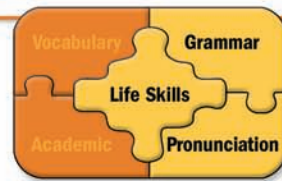
Use the words in the box to talk about the picture.

talk    wait    read    answer    sleep

CD 2  
TR 32

Listen to the conversation. What words do you hear first? Write 1-5.

- talk (are talking)
- 1 wait (are waiting)
- read (is reading)
- answer (am answering)
- sleep (is sleeping)

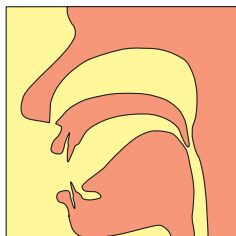


**C** Read the chart.

Present Continuous (right now)			
Subject	Be verb	Base + <i>ing</i>	Example sentence
I	am	talking	I <b>am talking</b> .
he, she, it	is	sleeping	He <b>is sleeping</b> .
we, you, they	are	waiting	They <b>are waiting</b> .

**Pronunciation**

/g/  
*ing*



**D** Look at the picture on page 113. Write.

1. The receptionist is answering (answer) the phone now.
2. The man in the white shirt \_\_\_\_\_ (sleep) in the chair now.
3. The people \_\_\_\_\_ (wait) for the doctor now.
4. The women \_\_\_\_\_ (talk) about their children now.
5. Antonio \_\_\_\_\_ (read) a magazine now.

**E** Talk to a partner.

- What is the receptionist doing now?
- What is the man in the white shirt doing now?
- What are the people doing now?
- What are the women doing now?
- What is Antonio doing now?

**F** Look at the picture.



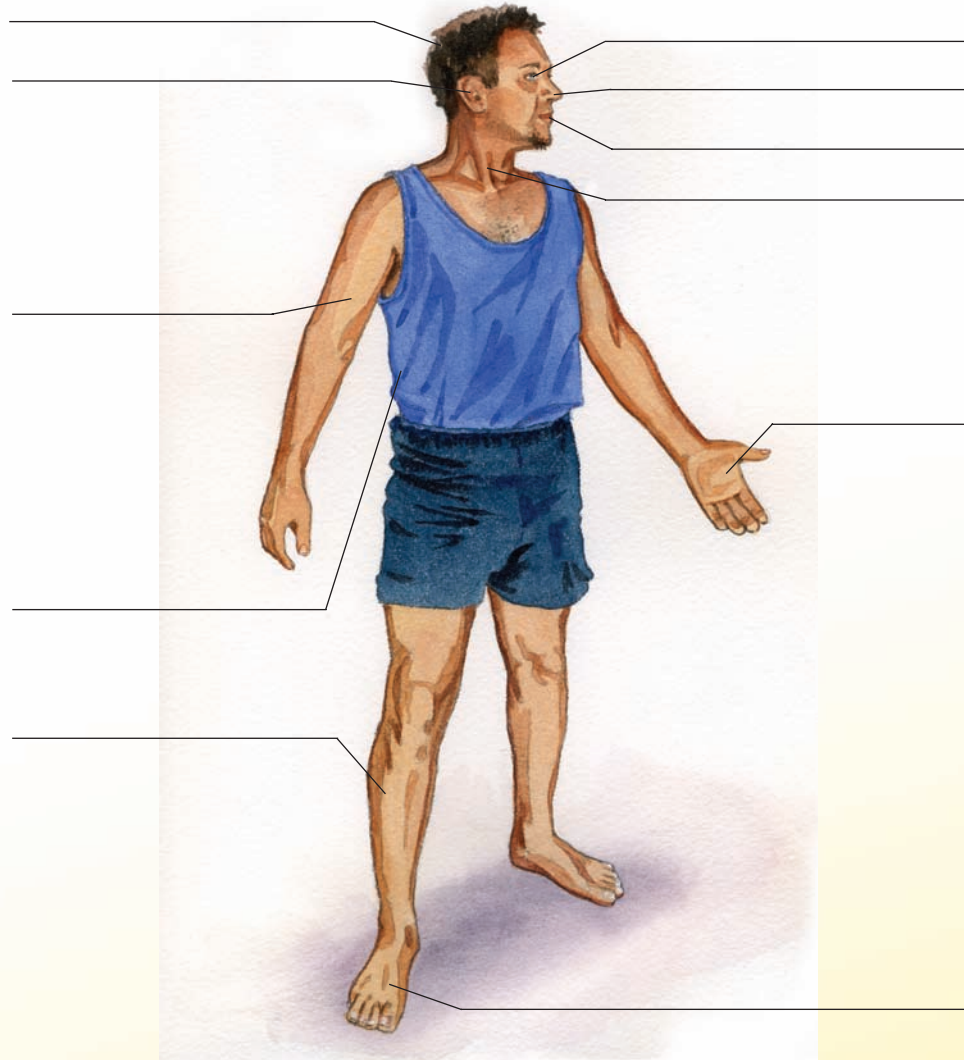
**G** Talk about the picture with a partner.

**H** Imagine you are in a waiting room. Write sentences.

1. I'm \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

# Review

**A** Write the body parts. (Lesson 1)



**B** Write the symptom or illness. (Lesson 2)

stomach \_\_\_\_\_ stomachache \_\_\_\_\_

head \_\_\_\_\_

back \_\_\_\_\_

throat \_\_\_\_\_

nose \_\_\_\_\_



**C** Complete the sentences with the present continuous. (Lesson 5)

1. The receptionist \_\_\_\_\_ (talk) on the phone.
2. The patient is \_\_\_\_\_ (sleep).
3. The people \_\_\_\_\_ (wait) for the doctor.
4. The women \_\_\_\_\_ (ask) about their children.
5. Hector \_\_\_\_\_ (read) a magazine.

**D** Write. (Lesson 3)

1. Richard has a headache. What does he need?

**Medicine:** \_\_\_\_\_

2. Orlando has a stomachache. What does he need?

**Medicine:** \_\_\_\_\_

3. Hue has a fever. What does she need?

**Medicine:** \_\_\_\_\_

4. Chan has a sore throat. What does he need?

**Medicine:** \_\_\_\_\_

**E** Read and write in the chart. (Lesson 4)

Jeremiah is not very healthy. He smokes ten cigarettes a day. He doesn't exercise. He eats one meal a day. He doesn't sleep eight hours a night. He doesn't drink water. He sees the doctor once a year.

What does Jeremiah do?	What doesn't Jeremiah do?

# Review

**F** Complete the sentences with the simple present. (Lessons 2 and 4)

1. She \_\_\_\_\_ (have) a headache.
2. They \_\_\_\_\_ (need) medicine.
3. We \_\_\_\_\_ (be) sick.
4. I \_\_\_\_\_ (be) healthy.
5. You \_\_\_\_\_ (exercise) every day.
6. Mario and Maria \_\_\_\_\_ (visit) the doctor.
7. He \_\_\_\_\_ (sleep) eight hours a day.
8. Alfonso \_\_\_\_\_ (smoke) cigarettes.

**G** Complete the sentences with the negative simple present. (Lesson 4)

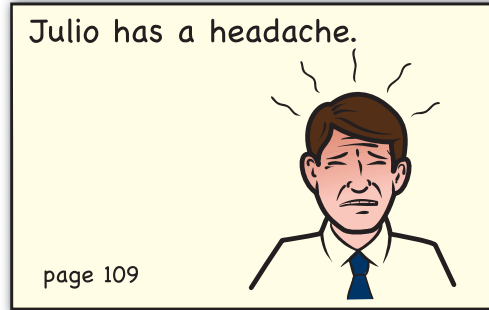
1. He \_\_\_\_\_ (smoke) every day.
2. They \_\_\_\_\_ (eat) breakfast.
3. We \_\_\_\_\_ (need) medicine.
4. They \_\_\_\_\_ (exercise).
5. Nga \_\_\_\_\_ (have) a headache.
6. She \_\_\_\_\_ (visit) the doctor.
7. I \_\_\_\_\_ (want) lunch.
8. You \_\_\_\_\_ (exercise).



# My Dictionary

Make flash cards to improve your vocabulary.

1. Choose four new words from this unit.
2. Write each word on an index card or on a piece of paper.
3. On the back of the index card or on a paper, draw a picture, find and write a sentence from the book with the word, and write the page number.
4. Study the words.



## Learner Log

Write the page number(s).

	Page Number	I can do it. ✓
1. Identify body parts.	_____	_____
2. Describe symptoms and illnesses.	_____	_____
3. Identify medications.	_____	_____
4. Describe healthy habits.	_____	_____
5. Identify actions in a waiting room.	_____	_____

My favorite lesson in this unit is \_\_\_\_\_.

# Team Project

February 18			
Name	Time	Problem	Phone
Julio Rodriguez	3:30		(777) 555-1395
Huong Pham	4:00	fever	(777) 555-3311
Richard Price	4:30		(777) 555-2323
Mele Ikahihifo	5:00	sore throat and cough	(777) 555-5511
Fred Wharton	5:30		(777) 555-9764
Ayumi Tanaka	6:00	backache	(777) 555-8765

## Write conversations and create an appointment book page.

- Form a team with four or five students.  
In your team, you need:

POSITION	JOB	STUDENT NAME
Student 1: Team Leader	See that everyone speaks English. See that everyone participates.	
Student 2: Writer	Write conversations to act out.	
Student 3: Artist	Make an appointment book page.	
Students 4/5: Spokespeople	Prepare a presentation.	

- Prepare your roles.  
Who is the doctor? \_\_\_\_\_  
Who is Patient 1? \_\_\_\_\_  
Who is Patient 2? \_\_\_\_\_  
Who is the receptionist? \_\_\_\_\_
- Make an appointment book page.  
What is Patient 1's name?  
When is the appointment?  
What is the problem?  
Write a conversation between the receptionist and Patient 1.  
Write a conversation between the doctor and Patient 1.
- Write conversations for Patient 2.
- Present your conversations and appointment book page to the class.